



Janus Journal

October
2025

October Greeting from Janus Academy

Hello Families and Staff,

As October begins, let's recap the exciting activities of school start-up and the month of September.

Staff welcomed returning and new students to the classrooms and started the beginnings of observing and engaging in learning around interests and motivations. Friendship activities were introduced for the students to create a community and increase their sense of belonging at Janus Academy. This will be highlighted further in October with activities surrounding 'Friendsgiving' and Halloween. Newsletters, calendars and Class Dojo postings will inform you of your specific child's classroom's goings-on.

In September, we welcomed our External Education Team; Instructor Sophie from Bloom Wellness Collective for Dance instruction; Coach Sarah from MOVE GoodLife for Junior High/High School sports instruction; Coach Dapinder from Clubb Sport Consultancy for Elementary sports instruction; Coach Jake for Coach John's short absence for Soccer instruction; Mel for Music Education classes. The students appear to be enjoying the opportunities these Instructors bring to their school day.

The in-person Parent Meeting was well attended with the introduction of our Leadership Team and our staff structure, as well as reviewing some finance information and discussing initiatives for the school year both at the school, Board, and Parent levels.

The beginning of October will see *Student Workshops*, which offers the 'unique to Janus Academy' experience for staff training and sharing of information as well as increased consistency working with each student within the school campus. Please review the days your child attends school and which days they do not attend, as well please note the Friday of Workshop Week is a non-instructional day for students.

We continue to look forward to working closely with each of you to make this school year a success.

Stacey Oliver
Principal

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IMPORTANT DATES

Fall 2025

Mark your calendars

- October 2 Picture Day
 - October 3 Healthy Hunger (McDonalds)
 - October 6-9 Student Workshops (see page 3)
 - October 10 [Non-instructional Day \(no school\)](#)
 - October 13 [Thanksgiving \(no school\)](#)
 - October 17 Healthy Hunger (Coco Brooks)
 - October 22 Vaccinations
 - October 31 Halloween – Jr/Sr High Dance
-
- November 6 Remembrance Event – school wide
 - November 7 Flu Clinic
 - November 10 Parent Teacher Conferences
 - November 11 [Remembrance Day \(no school\)](#)
 - November 12 [Non-instructional Day \(no school\)](#)
 - November 14 Healthy Hunger (A&W)
 - November 28 Healthy Hunger (TacoTime)



VACCINATIONS

Vaccinations for Grade 6 and 9

A reminder that the Alberta Health Services School Vaccination Team will be at Janus Academy on Wednesday, Oct 22, 2025, in the afternoon providing vaccinations to **Grades 6 and 9** students **that return a signed consent form from parents/guardians**. Consent forms were given only to students that were eligible for routine vaccinations after reviewing vaccination records. Please contact the school nurse, Yuna, RN at 403-922-1275 if you have any questions or concerns regarding your child's vaccinations or consent form.

Yuna Kim RN BN CCHN(C)

Public Health Nurse

East Calgary Health Centre

Desk: 403-955-1276

Email: Yuna.Kim@albertahealthservices.ca



FIRST STUDENT WORKSHOPS

October 6 – 9, 2025

In October, we will be conducting our first set of student workshops. Student workshops give your child's educational team the opportunity to discuss student progress, review goals and expectations and practice therapy techniques. Workshops are split into 2 sets: Monday/Tuesday and Wednesday/Thursday.

Please refer to the schedule below for workshop attendance. If your child is NOT listed on a specific day, they are to stay home.

Oct 6 & 7	<u>Elementary Students to attend school</u> Anay, Anders, Cory, Cruz, Eashan, Ekene, Enzo, Gabriel, Hamza, Henry, Isaac, Isaak, Jake, Joshua-Thomas, Kasper, Maro, Matteo, Matthew, Mila, Nathan X., Reyansh, Siddhan, Wesam, Xianghan, Zeehan
Oct 6 & 7	<u>Jr/Sr. High Students to attend school</u> Alex, Andy, Arisa, Baljot, Chalisa, Cole, Evelyn, George, Gio, Harrison, Jessica, Jordan, Kiana, Kim, Liam C., Marcus, Nadia, Nurasyil, Olivia V., Parker, Sully, Vol
Oct 8 & 9	<u>Elementary Students to attend school</u> Afsa, Anahita, Arian, Bella, Berry, Charlie, Clara, Connie, Daniel, Eden, Elyse, Gurinderpreet, Jared, Kaden, Kenneth, Koushan, Liam M., Mia, Mikhayla, Oliver, Olivia D., Olivia S., Rimshaa, Stella, Yalinee
Oct 8 & 9	<u>Jr/Sr. High Students to attend school</u> Adi, Attila, Chloe, Dylan, Edward, Ethan, Humayl, Joshua M., Liam D. Nathan T., Noah, Parsa, Sam, Sebastian, Tegh, William, Yuvan

If you have any questions regarding workshops, please feel free to contact the school.

Please note, we are unable to change your child's workshop dates due to scheduling difficulty. We hope by providing advance notice, that you will be able to accommodate these dates.

Thank you for your understanding.





UNIVERSITY OF
CALGARY

ARE YOU THE CAREGIVER OF AN AUTISTIC CHILD OR YOUTH (OR A CHILD OR YOUTH WITH AUTISM) IN ALBERTA?



We want to hear from you! Help us create sexual health education resources that are accessible, inclusive, and responsive to the needs of Autistic youth and their caregivers.

We are looking for:

- Parents, guardians, or family members
- 18 years of age or older
- Living in Alberta

What you will receive:

- An honorarium
- A chance to shape real-world resources for families like yours

What's involved:

- One-on-one interview OR small focus group (your choice)
- Conducted virtually via Zoom
- Two sessions: one to explore your needs, and one to provide feedback on a draft resource

This project has been reviewed and received ethics approval from the Conjoint Health Research Ethics Board at the University of Calgary (REB: 25-0784).

Contact Us For Information: **Contact Dr. Alan Martino at**
alan.martino@ucalgary.ca

BACK TO SCHOOL SALE



Get your school gear here!



Toques



Hats/Caps



Jumbo Tote



Back Pack



T-shirts
Adult/Youth



Hoodies
Adult/Youth



Sweatpants
Adult/Youth



Crewnecks
Adult/Youth

Lots of different styles AND colours to choose from!

1. Place your order and pay by Oct. 3 here:

<https://janusacademystore.itemorder.com/shop/home/>

2. Orders will be shipped to the school in 3-4 weeks.
3. Orders will be sent home or ready for pick up.



ST^{ART}
craft studio

Co-hosted by StArt Craft Studio & Home Depot



HOME TWEET HOME LITTLE BUILDERS EXPLORATION

OCT. 4TH 10AM - 12PM

📍 HOME DEPOT
343 36 St NE, Calgary, AB T2A 7S9

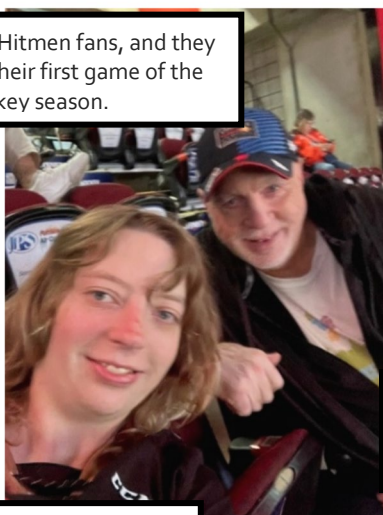
FREE. startcraftstudio@gmail.com
Donation welcome
- Supporting future programs

Scan to register



©StArt Craft Studio

We have huge Hitmen fans, and they got to enjoy their first game of the hockey season.



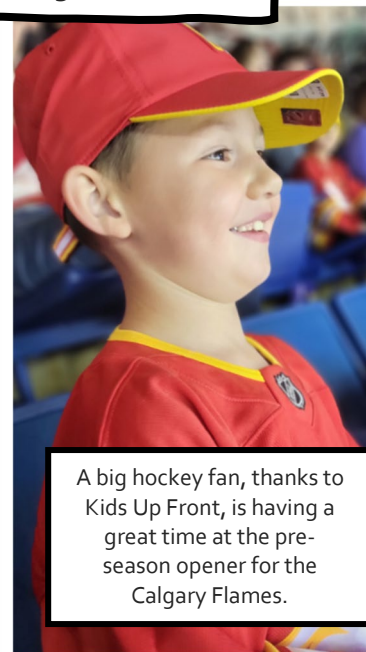
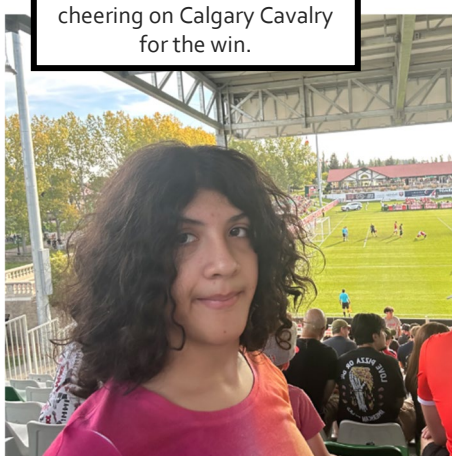
Kids Having Fun!

September kicked off another year of fabulous free events from Kids Up Front. From sports to theatre to everything in between, Kids Up Front provides families across Southern Alberta free event opportunities to children and their families. Watch your inbox for upcoming events.

Little brother got to take his entire family to a Hitmen Game. Great cheering signs!



Perfect weather for soccer, cheering on Calgary Cavalry for the win.



A big hockey fan, thanks to Kids Up Front, is having a great time at the pre-season opener for the Calgary Flames.

Welcome to Janus Academy

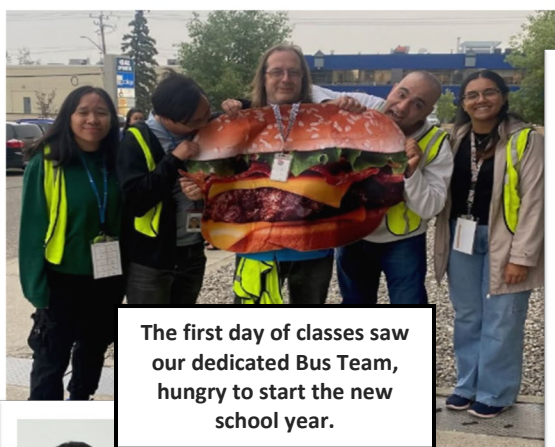
Janus Academy is delighted to welcome 14 new Practicum Students to our campus for the fall session. Not only do these students receive hands-on experience, but our staff also get the opportunity to share their knowledge with those just starting their careers.



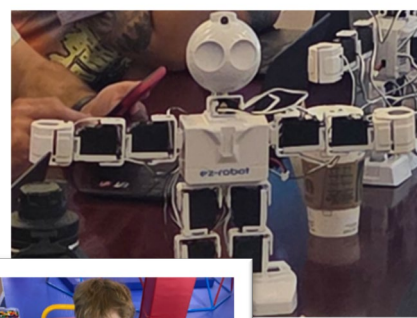
September saw the return of students and staff for the new school year, and Janus Academy welcomed several new students and their families to the Janus Community. Here are just a few highlights from an amazing first month of school.

Around The School

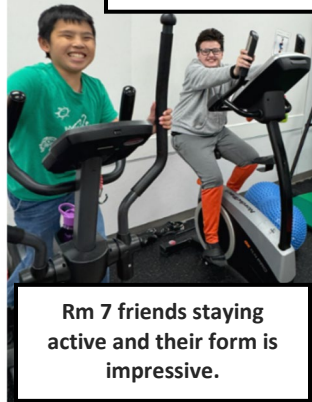
The learning never stops at Janus Academy for the teachers who received training



The first day of classes saw our dedicated Bus Team, hungry to start the new school year.



Rm 6 took their first field trip of the year to We Rock the Spectrum. Everyone had a spectacular time.



Rm 7 friends staying active and their form is impressive.



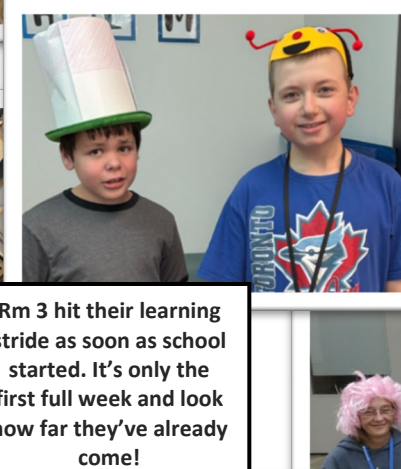
Janus Jamboree's first day of sales for the new school year was a huge success. Everyone was grateful for the return of lunchtime snack.



Crazy Hat / Crazy Hair Day is Janus Academy's first of many Spirit Days throughout the year. Everyone enjoyed the fun and creativity, especially the hairdo that looked like a volcano.



Rm 3 hit their learning stride as soon as school started. It's only the first full week and look how far they've already come!



A sea of orange found its way onto campus on Sep 30th in recognition of Truth and Reconciliation Day.

ROOM 5 NEWSLETTER

OCTOBER
2025

We Rock the Spectrum

This month our class has begun weekly visits to We Rock the Spectrum, an indoor playground specially designed for children on the spectrum. This space provides students with opportunities to climb, swing, and move their bodies in ways that build strength, balance, and coordination. These activities also help with self-regulation and provide important sensory input to support learning back at school. Each week as we walk to the gym, students get the opportunity to practice following community safety rules and we are excited to keep exploring this unique resource throughout October as a fun and beneficial part of our weekly routine!

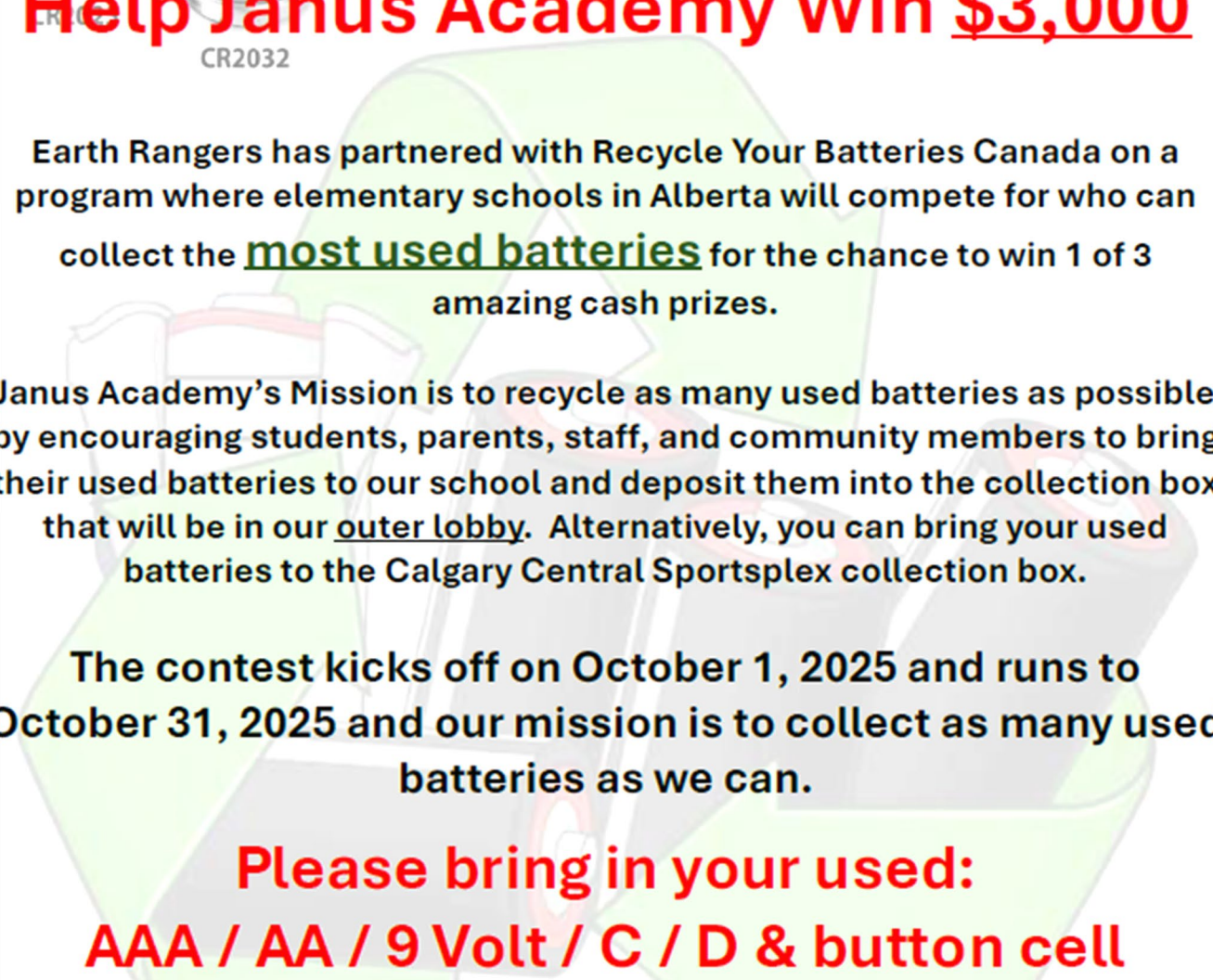


Community Safety

In group sessions students have been learning about street safety.

Students have completed sequencing activities to practice the steps for safely crossing at a crosswalk. We have focused on stopping on the sidewalk, looking and listening for cars, waiting for cars to pass, and looking both ways before crossing the street. Students applied their skills by practicing on a pretend crosswalk, following "walk" and "stop" signals, and waiting for cars to pass before crossing safely. Crossing the street is an essential part of life and we are so excited to see their confidence continue to grow!





Recycling Contest

Help Janus Academy Win \$3,000

Earth Rangers has partnered with Recycle Your Batteries Canada on a program where elementary schools in Alberta will compete for who can collect the most used batteries for the chance to win 1 of 3 amazing cash prizes.

Janus Academy's Mission is to recycle as many used batteries as possible by encouraging students, parents, staff, and community members to bring their used batteries to our school and deposit them into the collection box that will be in our outer lobby. Alternatively, you can bring your used batteries to the Calgary Central Sportsplex collection box.

The contest kicks off on October 1, 2025 and runs to October 31, 2025 and our mission is to collect as many used batteries as we can.

**Please bring in your used:
AAA / AA / 9 Volt / C / D & button cell
batteries**

Help Janus Academy WIN \$3000 by bringing your used batteries to the campus and leaving them in our collect bin by our main door or send them to school with your child!



FUNDRAISING UPDATE

29TH ANNUAL GALA THURSDAY, MARCH 12, 2026

Mark your calendars — our Spring Gala is coming up. Save the date and join us for a night of fun, community, and celebration!



SAVE THE DATES!!!!

FOJAA CASINO MARCH 14 & 15, 2026



SHIFT OPTIONS:

SATURDAY, MARCH 14 - 11AM TO 7PM
SATURDAY, MARCH 14 - 6PM TO 2:30AM
SUNDAY, MARCH 15 - 11AM TO 7PM
SUNDAY MARCH 15 - 6PM TO 2:30AM

If you have not yet filled out your availability, please connect with Teresa or Desiree who will pass along your time preference to FOJAA



Thank You



A huge thank you to **Gregg Distributors LTD.** for generously donating a Ford 12-passenger bus to Janus Academy, and to the wonderful parents and staff who joined us for the exciting bus reveal celebration!



Thank you to these superstar parents for sharing their insights at Parent Night!
Betsy, Sussy, Farrell and Shannon, we truly appreciate everything you do at Janus!



Thank you to **George Ames** for going the extra mile—literally! We're so grateful to our bus driver for volunteering again this year.



Board of Directors

Chair	Servejit Massey
Treasurer	Cecilia Chen
Secretary	Jennifer Tinkler-Chirvaiu
Director	Dr. Ying Wu
Director	Jeff Meidinger
Director	Riley Dearden
Director	Jake Surrey
CEO	Carlene Chrumka

Our Vision

To be recognized as a leader in specialized education and the facilitation of lifelong community integration of persons with autism

Our Mission

To empower and support persons with autism and their families, maximizing their quality of life by providing the model learning environment that meets their academic, social, and emotional needs.



Janus Academy Society

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Calgary, AB
T2A 1X5

P: 403.262.3333