

IMPORTANT DATES

Fall 2023



Mark your calendars

- September 14 Parent Information Night
 - September 15 [Non-instructional Day \(no school\)](#)
 - September 22 Crazy Hat / Crazy Hair Day
 - September 29 Orange Shirt Day
 - September 30 [National Truth & Reconciliation Day \(Saturday\)](#)
-
- October 2-5 Student Workshops (*see schedule below*)
 - October 6 [Non-instructional Day \(no school\)](#)
 - October 9 [Thanksgiving \(no school\)](#)
 - October 10 Picture Day
 - October 31 Halloween – Jr/Sr High Dance



IMPORTANT NOTICE

Parent Information Night

Thursday, September 14, 2023
from 5:30 pm to 8:00 pm

This year the format will be in person at our school campus, and it is mandatory that each family have at least one parent or guardian attend. The purpose of the event is to talk about Janus Academy's goals and share information about the school's finances. Please watch your email for the link to register for this event. You will have the opportunity to meet our Leadership team, tour the campus and get to know our other Janus parents. We look forward to seeing you there. Please be advised this is an adult event only. If you have any questions, please contact the school at 403-262-3333.



Volunteer Needed

Janus Academy is looking for a welder who is willing to volunteer some of their free time to do minor spot welds on various items around our school. On occasion things like desks, tables, frames, etc. get broken and rather than replace the item we do our best to fix them and put them back in service. Our current volunteer welder is moving on and we are looking for someone to replace them. If you are a welder, or know someone who is, and would be willing to volunteer for Janus Academy, please contact Stacey Oliver, Principal at Janus Academy, at 403-262-3333.



Newsprint Needed

The school will be working on a major project in the upcoming months, and we need newsprint. What is newsprint you ask? Newsprint is a low-cost, non-archival paper consisting mainly of wood pulp and most commonly used to print newspapers and other publications, as well as advertising material, such as grocery store flyers. The paper needs to be non-waxy, non-glossy and able to absorb water. Invented in 1844 by Charles Fenerty of Nova Scotia, Canada, newsprint usually has an off white cast and distinctive feel. If you have any newsprint you would like to donate to Janus Academy, please do not hesitate to drop it off at reception during regular school hours from 8:00 am to 4:00 pm.



FIRST STUDENT WORKSHOPS

October 3 – 6, 2023

In October, we will be conducting our first set of student workshops. Student workshops give your child’s educational team the opportunity to discuss student progress, review goals and expectations and practice therapy techniques. Workshops are split into 2 sets: Monday/Tuesday and Wednesday/Thursday.

Please refer to the schedule below for workshop attendance. If your child is NOT listed on a specific day, they are to stay home.

<p>October 2 & 3</p>	<p><u>Elementary Students to attend school</u> Charlie, Connie, Cruz, Denzel, Liam, Luke Y, Matthew, Nathan A, Parker, Petros, Zeehan, Zoha, Arisa, Edward, Harrison, Humayl, Jayden, Jordan, Luke C, Nathan T, Parsa, Sinmi, Sully, William, Afsa, Anders W, Eden, Siddhan, Viaan, Yalinee, Zoe</p>
<p>October 2 & 3</p>	<p><u>Jr/Sr. High Students to attend school</u> Noah C., Felix, Ayo, Keira, Alanna, Sharlene, Chloe, Tegh, Nurasyil, Kiana, Olivia, Cole, Joshua M, Dylan, Attila, Yuvan</p>
<p>October 4 & 5</p>	<p><u>Elementary Students to attend school</u> Anay, Anders H, Eashan, Ethan O, Issac, Jacob, Jared, Mila, Oliver, Prim, Samuel V, Anahita, Cory, Ekene, Marcus, Maro, Noah S, Rimshaa, Stella</p>
<p>October 4 & 5</p>	<p><u>Jr/Sr. High Students to attend school</u> Mett, Adi, Sebastian, Megan, Alex, Jackson, Jana, Annika, Jessica, Cesar, Ethan, Nadia, Jack, George, Andy, Sam, Henry, Noah H.</p>

If you have any questions regarding workshops, please feel free to contact the school.

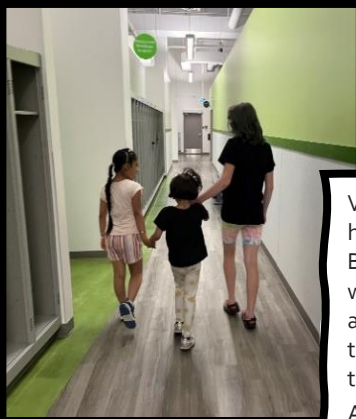
Please note, we are unable to change your child’s workshop dates due to scheduling difficulty. We hope by providing advance notice, that you will be able to accommodate these dates.



SUMMERCAMP



Our 2023 Summer Camp was a huge success! Our campers and counsellors enjoyed 6 weeks of fun filled adventures both on and off campus. From Nature Week all the way to Sports Week, our campers had a great time, enjoying a wide variety of activities.



Thank you to Phillip Murphy and George Veress, for using their summer break to safely transport our campers & counsellors on all the amazing field trip excursions! We couldn't have done it without you.

Volunteering runs in the family. Like her dad Terry, our very own Jessica Batke, volunteered during Adventure week at our 2023 Summer Camp, and as a bonus, she helped with clerical tasks before campers arrived, and after they left for the day. Well done, Jessica! A **HUGE Thank You** goes out to you from everyone at Janus Academy.



Shout Out to Jaimie (left) and Chloe (right) from the Society for Autism Support Services (formerly Society for the Treatment of Autism) for sharing their expertise in our Emergency Physical Restraints & Self-Defence training for new and returning staff.

Once again, Janus Academy staff and students wish to welcome 17 practicum students from 5 different Post-Secondary Universities, Colleges, and Academies to our campus for the Fall Term (September to December). These developing professionals come to us from 5 different program specializations and will be on campus anywhere from 4 weeks to the entire term. During that time they will work with our staff and our students to not only enhance their own learning, but to enrich the learning atmosphere of the Janus Academy campus.

VACCINATIONS

Vaccinations for Grade 6 and 9

A reminder that the Alberta Health Services School Vaccination Team will be at Janus Academy on Thursday, Oct 26, 2023 in the afternoon providing vaccinations to **Grades 6 & 9** students **that return a signed consent form from parents/guardians**. Consent forms were given only to students that were eligible for routine vaccinations after reviewing vaccination records. Please contact the school nurse, Yuna, RN at 403-922-1275 if you have any questions or concerns regarding your child's vaccinations or consent form.

Yuna Kim RN BN CCHN(C)
Public Health Nurse
East Calgary Health Centre
Desk: 403-955-1276

Email: Yuna.Kim@albertahealthservices.ca

Kids Having Fun!

Once again Janus Academy has partnered with Kids Up Front, a Calgary Non-Profit organization that provides FREE event opportunities to children and their families. With more than two million tickets distributed over the past 21 years, Kids Up Front is an organization like no other in Canada. They provide tickets to hundreds of partner agencies, like Janus Academy, from generous donors. Kids up Front, along with Janus Academy, help enrich the lives of kids and their families by giving them experiences to create memories together.

Watch your email for upcoming event opportunities from Kids Up Front.



Welcome Back!

Janus Academy is delighted to welcome back our resource team, some of whom are joining us for the first time this year. We are very fortunate to have these wonderful, dedicated individuals working with our students to support their learning experience.



Melody Porter, Music Teacher. Mel has practiced as a Music Therapist for over 20 years, as well as teaching guitar, piano and voice. She loves how each day at Janus is different and presents an opportunity for learning and fun!



Heather Cobb, Sexual Health Specialist



Coach John Clubb, with Clubb Sport Consultancy, returns once again to work with our students in developing their soccer skills. He recognizes the individuality of each student and seeks to support their physical development and enjoyment.



Coach Lou Armstrong is once again bringing the Good Life Fitness "MOVE" program to our Jr./Sr. high students. Lou is a certified personal trainer and fascial specialist for fitness and her clients range from professional athletes to adaptive fitness. No matter the level of the clients, Lou brings fun and creativity to their movement practices and believes that everyone has the right to movement and the magic of movements starts with the first step.



Kristie Griebenow, originally from Scotland, recently moved to Canada with her husband and loves the outdoors. As well as being a qualified psychiatric nurse back in Scotland, Kristie is also a qualified fitness instructor and specializes in working with children. Finding this role with the "MOVE" program at Janus is the perfect opportunity for Kristie to combine all that she is passionate about and enjoys.



Coach Natasha Harman is a dedicated and passionate sports enthusiast, with a strong background in coaching. Having played multiple sports for most of her life, and soon going for her Canada Soccer C-License, she knows first hand the benefits of staying active and hopes to pass along the passion for movement! Her mission is to create an empowering physical education experience for all students, with a focus on fun, inclusivity, and confidence building.

Fiona Perkins, BCBA – A Board Certified Behaviour Analyst, Fiona provides services to support learning and skill development. She believes that behaviour principals can support the development of socially appropriate skills for lifelong learning.



Katherine Mandolidis, Dance Instructor, is an artist, dance educator, and Dance Movement Therapist who completed her Master's degree in Dance Movement Therapy at the University of Auckland and has been facilitating dance and movement classes for 15 years. Katherine continues to explore how music, art, and movement support well-being and is delighted to bring the love of dance and movement to various communities by focusing on nurturing creative expression, mind-body connectivity, techniques in multiple genres, and holistic wellness.

Hello!



My name is Emily Hawkins, and I am so happy to be the Certificated Teacher for Room 2 this year. Originally from Newfoundland, I have lived in Alberta many years and enjoy travelling back to my home island often.

I am a lifelong learner, and I believe you are never too old to learn something new. I randomly picked up the flute last year and continue to take lessons to this day. I'm actually pretty good at it! I was inspired to pursue a career in special education by my uncle, who was pulled from school at a young age due to his intellectual disabilities. He never realized his potential due to this, and I want to help others reach theirs.

I am so excited to be part of the Janus community and look forward to seeing what new opportunities this school year will bring!

My name is Jacqueline Barnard, and I am thrilled to be the Certificated Teacher in Room 4 this school year. Originally from Lethbridge, AB, I made the leap to Calgary to pursue my passion for education. With 8 years of teaching experience, I have had the privilege of working in various educational settings, from traditional classrooms, to blended learning environments, from online platforms to outreach programs. My journey so far has allowed me to connect with a diverse range of students, each with unique talents and needs.

My passion lies in empowering students to reach their full potential. I believe when students have the power to choose their own path and have a voice in their learning, they can achieve remarkable things. As an advocate for lifelong learning, I'm always seeking new ways to enhance my teaching methods and stay at the forefront of educational innovation. I started learning French this summer and although not yet fluent, I can already see growth in myself!

Join me as we embark on a shared journey of knowledge, empowerment, and growth this year at Janus Academy!



My name is Tammara Behl. I am delighted to be the Certificated Teacher for rooms 8 and 9 for this year. Although new to Janus Academy, I have been a teacher for many years. Previously I worked for the CBE, at a separate school for students with sever disabilities. I have a degree in Special Education from the U of A and have a huge passion for working with individuals with special needs.

I grew up in St. Albert, AB and attended Ross Sheppard High School. GO BLUE JAYS! Previous to my time at university, I lived in South-East Asia and Australia for 5 years. I traveled, worked, and ate my way around many beautiful countries. Once back home and studies were complete, I married and have 2 beautiful daughters who keep me very busy at home. When I am not teaching, my passion is cooking and teaching others how to fuel their body. I have had the opportunity to compete on many Canadian cooking shows, Master Chef Canada to name one. Please feel free to come up and ask me any questions you have!



INSIGHTS

Yolande Daley, Director of Training

Welcome new students, families, and staff. I am excited for the 2023-2024 school year. My goal is not only to provide training and supports to the educational team but to Janus families and caregivers. I am dedicated to researching new ideas and engaging in collaboration in the school community to foster students learning with practical and functional implementation.



Staff Training Highlights: (August & September)

Emergency First Aid and CPR training

Two-day comprehensive ABA theory and practical training:

All new staff was trained on the principles of Applied Behaviour Analysis, teaching procedures and positive behaviour supports.

Emergency Physical Restraints and Self-Defence. (Training by: "Society for Autism Support Services")

Thank you: Edward and Mett

Who both made the hands-on learning for new staff a success.

Cultural and Sensitivity Training (All Staff) Facilitator: Kyle Kalloo, Change My Life Coaching

Mark Your Calendars 2023 & 2024 Parent Lunch and Learn 12:00 pm to 1:00 pm

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|----------------------|--|
| October 2023 | "A Dad's Journey"
Presenters: Alumni Dads: Charles Cook, Sarit Sengar, Trevor Prior and Scott McDonald |
| November 2023 | "Sibling and Parent Meet Up"
Presenter: Dr. Carline Buzanko, Psychologist /Sibling facilitators |
| January 2024 | "Benefits of Physiotherapy for Autistic Individuals"
Presenter: Kajal Patel, physiotherapist |
| March 2024 | Understanding Obsessive Compulsive Disorder
Presenter: Jennifer Hibbard, BSc, MD, FRCPC |
| May 2024 | Sibling Meet Up 2 Presenter: TBD |

Watch your email for further details and links to register for each session.

EASY WAYS TO SUPPORT JANUS



DID YOU KNOW THAT YOU CAN RECYCLE YOUR BOTTLES, ELECTRONICS AND CLOTHING AND RAISE MONEY FOR JANUS ACADEMY?

CLOTHING RECYCLING

NOW AVAILABLE - Bin located south of building (across from B-Line Indoor Bike Park)

DOWNLOAD THE APP AND START DONATING TO US TODAY!
[HTTPS://APP.SKIPTHEDEPOT.COM/JANUS](https://app.skipthedeapot.com/janus)

USE PROMO CODE JANUS100 AND WE WILL GET 100% OF THE REFUNDS!



Just by not making lunches and ordering through Healthy Hunger, you can help raise some funds for Janus Academy!

The link to register is <https://healthyhunger.ca/>.

Next Deadline:

Subway (September 29)

Deadline to place order is Sept 22



Thank You

to the following individuals and corporations:



THANK YOU to **NEW WEST TRUCK CENTRES** for presenting Janus with a \$15,000 cheque at their Stampede party in honour of their 15th Anniversary! Congrats NWTC on all your success over the years!

THANK YOU to **TELUS Friendly Future Foundation** for supporting our Transition to Adulthood program with a grant for \$20,000 to help prepare our high school students for continued success!

THANK YOU to **FRIENDS OF JANUS ACADEMY ASSOCIATION (FOJAA)** for hosting the summer WestJet Gift of Flight for 2 Raffle in support of school programming.



SPECIAL THANKS to **WestJet** for sponsoring this raffle! And thank you to everyone who participated in the raffle and to our winner, Linda Bridger!

THANK YOU to the **Parent Advisory Council (PAC)** for attempting to arrange the Welcome Back Family Picnic on August 31. Unfortunately, the weather was not cooperating. Stay tuned!

THANK YOU to **Tammara Behl** for donating some amazing kitchen appliances for our students to learn to use for food prep and cooking!

THANK YOU to the following for your generous gifts over the summer:

Danial and Dorothy Plamondon
Nicholas Gibson
Olwen Priestnall Memorial Fund
Julia Jacobs

FREE

SOCCABILITY PLAY DAYS

BECAUSE EVERYONE DESERVES TO PLAY!

SEPT 16, 2023

&

SEPT 17, 2023

@ Vecova
3304 33 St NW, Calgary

@ Eastside Memorial FC
640 28 St NE #5, Calgary

**WITH SPECIFIC ADAPTIVE
SOCCER GROUPS FOR...**

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CEREBRAL PALSY

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DOWNS SYNDROME

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WWW.EASTSIDEMEMORIALFC.COM



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Janus Academy (Calgary)

Buy Mabel's Labels waterproof, durable labels to help reduce classroom mix-ups and keep your items coming home!



Go to campaigns.mabelslabels.com and search for

Janus Academy (Calgary)



Xenia Concert at the 2023 Honens Festival



Join the **Ladom Ensemble** for a family-friendly concert that embraces neurodiversity and disability. This event has been specially designed to be accessible and inclusive for neurodivergent listeners, people with disabilities, and others who face social and systemic barriers to attending typical events. All ages and expressions are welcome!

Tickets are \$5 per family, but to eliminate financial barriers to attendance, we will refund your ticket when you arrive at the concert.

Concert Features

- All expressions welcome! Feel free to make noise, get up, or stim
- Wheelchair accessible venue, including washrooms
- Venue guide (download below)
- Sensory toys and noise canceling earmuffs available (please bring your own if you can)
- Flexible seating and separate area for breaks
- Stretch breaks and freedom of movement during the concert
- Visual schedule
- Scent-free environment

Have a question or suggestion on how we can make this event more welcoming and accessible?
Contact Nadia Riterman at 403 299 0140.

Saturday 9 September at 10:30 am
St. Stephen's Anglican Church
1121 14 Ave SW

[GET TICKETS](#) | [DOWNLOAD VENUE GUIDE](#)

Sunday 10 September at 10:30 am
Brookfield Residential YMCA at Seton
4995 Market St SE

[GET TICKETS](#) | [DOWNLOAD VENUE GUIDE](#)

Board of Directors

Chair	Servejit Massey
Vice Chair	Vacant
Treasurer	Cecilia Chen
Secretary	Jennifer Tinkler-Chirvau
Director	Allison Streit
Director	Vacant
Director	Rosa Twyman
Director	Dr. Julia Jacobs-LeVan
Chief Executive Officer	Carlene Chrumka

Our Vision

To be recognized as a leader in specialized education and the facilitation of lifelong community integration of persons with autism

Our Mission

To empower and support persons with autism and their families, maximizing their quality of life by providing the model learning environment that meets their academic, social, and emotional needs.

“

Nothing is impossible, the word itself says 'I'm possible'!

AUDREY HEPBURN



Janus Academy Society

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 F: 403.693.2345