



Janus Journal

November
2022

November Greeting from Janus Academy

The year is flying by! October was a busy month at Janus, as we held our first set of student/staff workshops. These workshops are an important event at Janus. They give each child's educational team the opportunity to learn from each other, expand their creativity and give the students the chance to demonstrate their knowledge, as well they allow us to set new goals for the school year as a team.

We are appreciative for the time we have with your children and are excited to share with you in our upcoming Parent Teaching Conferences the learning that your child has been displaying. As always, connecting with our families is informative and highlights the importance of our school- home partnership.

Parent Teacher Conference Day will be held on Thursday, November 10 with parent-teacher interviews happening between 8am- 4pm. There will be no school for our students on this day. You would have received an email from our school administrator, Karli Martin, with instructions on how to sign up for your child's conference. This year, we are able to offer the choice of either an in-person conference or a virtual conference. If you have any questions regarding the Parent Teacher Conferences, please reach out to your child's teacher.

As we head into November, we look forward to quite a few exciting events. This year we will be marking Remembrance Day on Wednesday November 9. Students will be commemorating Remembrance Day with art projects, a wreath laying ceremony and a moment of quiet reflection in their classrooms.

As always, we encourage you to check your child's Class DoJo account daily for classroom updates and highlights of their day.

Wishing you all a wonderful day.

Koren Trnka

Program Director Junior / Senior High

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IMPORTANT DATES

Fall 2022

Mark your calendars

- November 9 Picture Re-Take Day
 - November 10 Parent Teacher Conferences (no school)
 - November 11 Remembrance Day (no school)
 - November 25 Non-Instructional Day (no school)
-
- December 13 Santa Claus Visit
 - December 14 Jr./Sr. High Winter Performance
 - December 15 Elementary Winter Performance
 - December 16 Jr./Sr. High Winter Dance
 - December 23 Early Dismissal at 12:00 noon



A Time to Remember

Every year, at the eleventh hour of the eleventh day of the eleventh month, we gather in memorial parks, community halls, workplaces, schools, and homes to stand in honour of all who have served in the nation's defence.

Remembrance Day was first observed in 1919 throughout the British Commonwealth which Canada was part of. It was originally called "Armistice Day" to commemorate the signing of the armistice agreement that ended the First World War. In 1921, the Canadian Parliament passed an Armistice Day bill to observe ceremonies on the first Monday in November, but this combined the event with the Thanksgiving holiday. For much of the 1920s Canadians observed the Armistice Day event with little public demonstration.

In 1928, some prominent citizens, many of them veterans, pushed for greater recognition and to separate the remembrance of wartime sacrifice from the Thanksgiving holiday. In 1931, the federal government decreed that the newly named Remembrance Day would be observed on November 11 each year and moved Thanksgiving Day to October. It was decided that Remembrance Day would emphasize the memory of fallen soldiers instead of the political and military events leading to victory in the First World War., 1918, at 11 am.

In 1921, the poppy was adopted as the flower of remembrance, meaning this year marks the 100th anniversary of the remembrance poppy in Canada. Wearing a poppy during the month of November is a way to remember the men and women who have served and continue to serve our country during times of war, conflict, and peace.



Donation Request

Janus Academy is looking for donations of 5-point harnesses and angel clips.

Calgary Access Transit is very specific on the type of 5 point harness that must be used when riding the Access Transit vehicles and they are very costly to purchase outright. Janus Academy currently has one (Bill Rich Harness) that we loan out at the end of the day when necessary, however it must be returned the very next school day so that it is available in case it is needed again. This can be challenging if more than one student needs the harness on the same day.



If your child has outgrown their 5 point harness and/or their angel clip, or you know of another family who's child has outgrown theirs, Janus Academy would be happy to put these items to good use. If you would like to donate your un-used 5 point harness and/or angel clip, please contact Tamara Stuart at 403-262-3333 or via email at tamara.stuart@janusacademy.org.



NEW Clothing Bin Program!

If you wish to donate clothing, please take your donation directly to the bin. We do not have the space to store donated clothing on campus.

Please spread the word to friends and family. The more used clothing that is donated, the more money that is raised for Janus Academy!

Note: We are still waiting for NEW Janus Academy signage on the bin!



HELP JANUS RAISE \$500-\$1500
PER MONTH JUST BY DONATING
YOUR USED CLOTHING!

CLOTHING RECYCLING

WE'LL TAKE YOUR CLOTHING!

NOW AVAILABLE - Bin located
south of building (across from
B-Line Indoor Bike Park)



IF YOU WOULD LIKE TO SCHEDULE OTHER PICK UPS (BOTTLES,
ELECTRONICS), PLEASE VISIT [HTTPS://APP.SKIPTHEDEPOT.COM/JANUS](https://app.skipthedepot.com/janus)

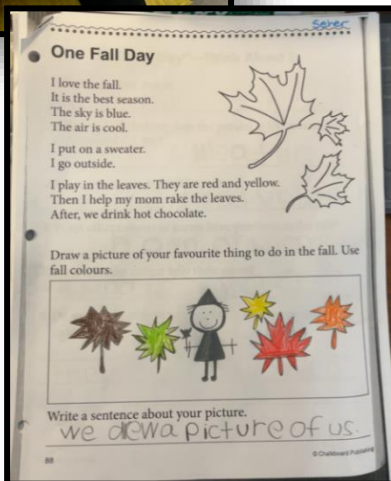


Classroom 4



Language Arts

This month in Room 4, students have been fostering their love for reading! We have been learning about all different kinds of reading. Including reading to yourself, reading with a partner, reading on a computer, and reading as a group! We've also been thinking about reading while doing comprehension exercises. We recently finished reading our first novel, *James and the Giant Peach*.



Science

In Science, students in Room 4 are learning about space in our unit, Sky Science! Students have been introduced to the concept of rotation, revolution and orbit. We know that the moon orbits around the Earth, the Earth rotates on its axis, and the Earth revolves around the Sun! Most recently, students have been exploring the phases of the moon.



Around the School

During Guitar Club, one of our students took the initiative to join in using the Wii guitar.

October saw Janus Academy in full swing with an amazing variety of events & activities for students and staff. We celebrated our Core Value "Initiative" in October as well as completed Student Workshops, practiced Fire Drills, Friendsgiving event and Halloween to name only a few.

You don't have to be a student or staff member to be a part of the Janus Family. **Huge Thanks** Go to Garth Praestegaard, for building the basketball safety cover. Garth donated his time, and energy to build a structure that was not only safe, and durable but that showed his quality workmanship that will last. Eventually this cover will be painted black.

Sr. High students took the initiative this month to apply for positions with our Snazzy Snacks and Coffee Cart in the school. They completed applications, had interviews, and were awarded positions. The staff look forward to having the students selling snacks and hot beverages for another year.

The Magic of Imagination! This image has not been photoshopped, nor was a fan or any other wind generating device used, and yet the teacher's hair remains in place while Nadia's looks like she is in a windstorm. Well, this magic belongs entirely to Nadia. Can you guess how she did this?

Not only did Janus Academy host workshops during October, we also had our Certificated Teachers learning about the STEM LEGO First Program. Participants gain real-world problem solving experience through a guided, global robotics program, helping today's students and teachers build a better future together.

Halloween, an event that is enjoyed by everyone at Janus Academy, both student and staff alike. This year, Mario seemed to be a popular choice for both students & staff. The Jr/Sr. High dance was also a huge success. We are already looking forward to next year.



Kids Having Fun

Some amazing events were offered by Kid's Up Front during October, and we are delighted that some of our Janus Families had the opportunity to enjoy these events.

From the Stamps to the Flames to the Philharmonic, events like these put smiles on the faces of our students and their families.

Thank you KUF!



CLASSROOM NEEDS

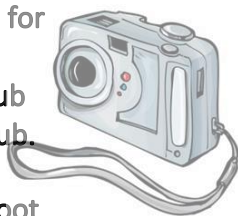
Minions & Peppa Pig



Our Elementary classrooms are looking for Minion and Peppa Pig toys to assist with reinforcement and the building of social skills. If you or anyone you know have these types of toys, they would find a good home at Janus Academy.

Digital Point and Shoot Cameras

We are looking for donations of gently used Point & Shoot cameras in working condition for use by our students in the Elementary Photography Club and Senior High Yearbook Club.



If you have an old point & shoot you would like to see put to good use, we would be delighted to receive your donation.

MINECRAFT



Minecraft Toys will allow our students to put exercise imagination and creativity skills. If you or anyone you know has Minecraft toys and items they would be willing to donate to our school, both the students and staff would greatly appreciate it.

S.T.E.M.

We need LEGO!

What is "STEM"? It stands for Science Technology Engineering & Math. In this program students are given various challenges that all tie in with how we can improve the way cargo is sorted and transported. They use Lego and code robotics to bring their ideas to life. This club is not just about playing with Lego and robots! The values we focus on are teamwork, innovation, discovery, impact, inclusion, and fun.

MEGA Blocks



Classrooms are looking for single piece MEGA blocks to assist with the teaching of spelling. By writing the alphabet on single MEGA block pieces, students are then required to build words.

Contact

If you or anyone you know has any of the above items that they would be willing to donate to our school, both the staff and the students would really appreciate it.

If you have any questions, or wish to make delivery arrangements for your donation, please contact Tamara at 403-262-3333



JANUS ACADEMY JR./SR. HIGH STUDENTS
PRESENT
2022 HOLIDAY SALE



**HANDCRAFTED HOLIDAY
CARDS & GIFT TAGS**

3 cards and 5 gift tags



**\$10 THREE PACK OF ORNAMENT
DIPS**

Dill, herb ranch, and fiesta

\$15



BUFFALO PRINT RICE HEAT PACK

Choice of red and black or white and black

\$15



CANDLE

Peppermint scent

\$10



HOT CHOCOLATE SPOONS

Set of 6, mix with warm milk for a hot
chocolate treat

\$20

<https://forms.gle/g9nz6cYhR9pxaPfG6>

Use this link to shop



**Order deadline:
November 15, 2022**



Insights

by Yolande Daley, Training Director

Next Online Lunch & Learn
November 14, 2022 – see below

It was very exciting to have 21 families sign up for my first lunch and learn session on "Proactive Approaches for Everyday Situations". I was pleasantly surprised with the number of returning families who registered, as well as our new families. This was reinforcing for me! Although work commitments prevented some of you from attending, I really appreciated the interest to be provided with the recording and session information which speaks volume about the commitment of our Janus families. Thank you!

Parent Lunch & Learn

Topic: How to Support Your Child with Anxiety

Date: Monday, Nov 14, 2022

Time: 12:00 p.m. to 1:00 p.m.

Location: Online

Presenter: Dr. Caroline Buzanko

Registered Psychologist

Watch your email to register

FUNDRAISING

Our first Healthy Hunger Lunch date is:
Thursday, November 24



PARENTS

FUN LUNCHES ON-LINE

You have been asked to order your Fun Lunches On-Line... Now what? Go to www.HealthyHunger.ca and click **"REGISTER YOUR STUDENT"**. After your account is created, you will be able to view all up-coming Fun Lunches, place orders, and then pay for your orders Online with Visa, or MasterCard.



HOW IT WORKS

Create an account

STEP 1.

Click **"REGISTER YOUR STUDENT"** and create Your account.

REGISTER YOUR STUDENT

Add Student

STEP 2.

Login, and add your children to the account.

ADD STUDENT

View upcoming fun lunches

STEP 3.

View all the Up-coming fun lunch dates.

ORDER NOW

Place your orders and make payment online

STEP 4.

Place your orders and make payment Online.

PAY NOW



Healthy Hunger Inc.

1935 27 Ave NE, Suite 107, Calgary, AB, T2E 7E4



800-818-6260



support@healthyhunger.com



www.healthyhunger.ca



Thank You

WE WOULD LIKE TO EXPRESS OUR GRATITUDE TO THE
FOLLOWING INDIVIDUALS AND CORPORATIONS:

DONATIONS

THANK YOU to the Litwinow family, for donating at least 20 new or gently used reading books of interest to our students.

THANK YOU to a student's grandma for donating a box of Minecraft Lego.

THANK YOU to the Love and Adkins family for donating used TVs for the classroom and to the Bhanji family for running out to the store to get a brand new TV for the classroom. The students are so grateful and happy!

VOLUNTEERS

THANK YOU to Mike Anderson for helping us move the computer carts that were donated by Calgary Academy!

THANK YOU to Garth Praestegaard for coming in to build an encasing around the basketball net for students' safety.

THANK YOU to Pat Clendon for coming in to help with trim and maintenance work.



THANK YOU to Grace Oliver for playing the trumpet for our Remembrance Day school activities.



Board of Directors

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Vice Chair	Servejit Massey
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Secretary	
Director	Allison Streit
Director	Rahim Bhatia
Director	Peter Taylor
Director	Rosa Twyman
Director	Katherine Ruddy
Director	Dr. Julia Jacobs-LeVan
Director	Jennifer Tinkler-Chirvau
Executive Director	Carlene Chrumka

Our Mission

To empower and support persons with autism and their families, maximizing their quality of life by providing the model learning environment that meets their academic, social, and emotional needs.



Our Vision

To be recognized as a leader in specialized education and the facilitation of lifelong community integration of persons with autism

“Kindness
is like snow-
It beautifies
everything
it covers.”

-KAHLIL GIBRAN

Janus Academy Society

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