



**Janus
Journal**

**November
2016**

REMEMBRANCE DAY – NOVEMBER 11, 2016

IN THIS ISSUE

**They shall grow not old,
as we that are left grow old;
Age shall not weary them,
nor the years condemn.
At the going down of the sun
and in the morning
We will remember them.
Lest we forget**

Students at Janus Academy will remember those who fought for our country on November 10th at 11:00 am with a moment of silence at each of our campuses.

Ramsay students will be honoured to hear the live trumpeting of the Last Post played by **Grace Oliver**, past Drum Major of the Calgary Stampede Show Band and daughter of our Principal, Stacey Oliver.

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You're Invited

COME ONE, COME ALL!!

The Perfect Christmas Tree



Where: Ramsay School Gym

When: Friday, December 2, 2016

Time: 2:00pm

Please bring a non-perishable food item for the food bank.

Save these Dates

FALL SEMESTER

- **Wednesday November 9** – PICTURE RETAKE DAY
- **Friday November 11** – **NO SCHOOL** – Remembrance Day
- **Monday November 28** – **NO SCHOOL FOR STUDENTS** – Professional Development Day School Staff
- **Tuesday November 29** – #Giving Tuesday
- **Friday December 2** – Winter Concert at RAMSAY CAMPUS
- **Friday December 16** – last day of school Fall Semester – early dismissal at 12:30 pm
- **January 1, 2017** – **HAPPY NEW YEAR!**
- **Tuesday January 3, 2017** – first day back to school – Winter semester



Mark Your Calendars

A Season of Giving Thanks

by Lorie Abernethy, Executive Director

Thanksgiving marks the beginning of shorter days, longer nights and a time of finding the warmth of lights in our homes.

We have been truly fortunate at Janus Academy to be recipients of many generous donations that help our students succeed.

In just a few days we will take possession of a new 2017 Challenger Champion – a 16 passenger school bus. The bus will be sent off to be detailed with the Janus Academy logo and the logo of our donor, **Calgary Handibus Foundation**.

We have received the gift of precious time from our parents who supported our **Casino event** on October 13 & 14th. **Thank you** to everyone who volunteered and to **Christine Tracey** our Casino Chair. Our next Casino will be in Q3 of 2018.

We have recently formed a strategic partnership with **MortgageTree** – a mortgage broker that shares the same values with Janus Academy, the importance of community and nurturing long-term relationships.

This month MortgageTree delivered nine Lenovo Laptop computers to our school. These lightly used computers will be integrated into our classrooms and computer labs over the coming weeks.

You are going to hear a lot about a movement that is beginning to build throughout North America... it's called **Giving Tuesday**.

Influenced as we are, by our neighbours to the south, most people know about Black Friday and Cyber Monday ...now Giving Tuesday is coming to Canada on November 29, 2016.

GivingTuesday is a day when people around the world come together to give back. As the movement continues to grow, countries around the world are leading their own GivingTuesday movements by creating initiatives to encourage giving in their communities.

Last year, GivingTuesday activities happened in more than 70 countries and tens of thousands of partners participated, including many 'official' national movements around the globe including Canada.

If you are active on Social Media you will probably hear about GivingTuesday through your network. Our Social Media is not up to snuff ... yet! But that doesn't mean that you can't tweet and retweet to your friends and colleagues that they can support Janus Academy by



visiting our website and clicking on the Support menu – Donations. Or find us on the "Partner" link on the GivingTuesday website.

We are undergoing several **changes in IT** at Janus Academy; most have to do with our internet service. Our current provider does not provide us with the bandwidth to take advantage of the cloud technology we use to run efficiently.

We have been accepted by Microsoft Office 365 and their charitable partner **TechSoup** as a charity partner which opens us up to extremely favourable pricing on email, internet service and other technology products.

We hope the transition will go smoothly and we will then be able to activate the laptops donated by MortgageTree and put them to work in our offices and computer labs.

On a final note, please watch for the **Gala Newsletter** in your email in the days and weeks ahead, as we prepare for our 20th **anniversary celebration**.

See you at **The Perfect Christmas Tree!**

SAVE THE DATE



PICTURE RETAKE DAY!

Janus Academy student pictures are scheduled for Retake on November 9th



The Perfect Christmas Tree

Join us at Ramsay campus for the annual Winter concert on Friday, December 2, 2016

FAST FACTS – OUR CAMPUSES

ELEMENTARY

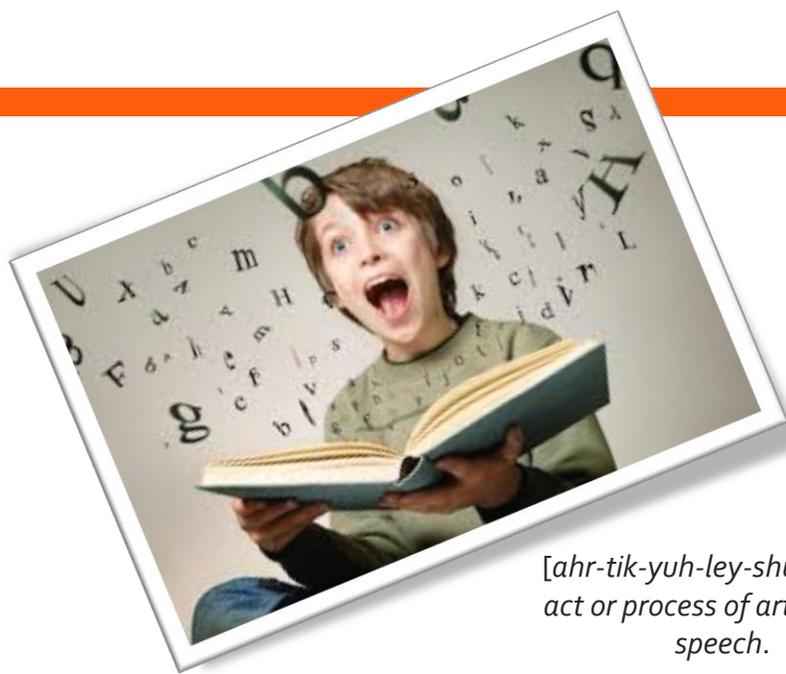
55 # of stairs from the office to 2nd floor at Ramsay Campus – 2223 Spiller Rd SE

JR. / SR. HIGH

14 # of stairs from the Cozy Corner to the Garden Level at Acadia Campus

ADULT DAY PROGRAM PODS

13 # participants in our two Adult Program Pods at Ability Hub & Cornerstone Church



[ahr-tik-yuh-ley-shuh n]: The act or process of articulating speech.

Lunch & Learn

Session #2 - Articulation

This month’s Lunch and Learn was held on Wednesday, November 2nd. **Julia Lavender**, a speech language pathologist from Renfrew Educational Services led this session on “Articulation”

Specifics were shared about developmental ages for sound production and a discussion ensued as to some possibilities as to why a child may be experiencing speech difficulties.

This session had all elementary site classroom coordinators and some behavior therapists in attendance.

Thank you to Julia, for an informative experience.

Summer Camp 2017

Janus Academy will be offering placements again this summer for our fun-filled summer camp program.

Applications will open in December for the position of **Camp Councilor** – to organize coordinate and run the 8 week, 4 session program.

A detailed job posting is available in the Ramsay Campus School Office. The posting will be open until January 13, 2017.

Upcoming Events

At the **Ramsay Campus:**

Remembrance Day ceremony on Thursday **November 10th** – Ramsay Gym 10:30 am

At the **Acadia Campus**

A Joint Occupational Health and Safety Committee has been formed, and will begin with an introductory meeting on Monday **November 28th** – professional development day – at the Acadia Campus

Arrival of the new Janus Academy **school bus** – ETA – before Christmas.

Spring Gala 2017

March 18, 2017

Commonwealth Hall

Celebrating the 20th anniversary of the Janus Academy!

Meet Carissa

OUR NEW TEACHER

Hello! I am Carissa Brown. I'm pleased to introduce myself as the new teacher in Classroom 1 at the Acadia Campus.

I was born and raised in Regina, Saskatchewan. Growing up, I never knew what kind of occupation I would have. I did know one thing- even as a young girl, I wanted to help people.

In my opinion, teaching is one of the greatest opportunities to inspire and help young people become the best that they can be!

Over the past few years I have taught pre-kindergarten, Kindergarten, Grade 1, and Grade 6.

Outside of school I live a pretty relaxed life. My husband and I have been married for just over a year. I am an animal lover with one pet, a cat named Hash Brown. I enjoy reading, playing board games (Scrabble is my favorite), going out to eat (especially for bunch), and retreating to the mountains!



My first couple of months at Janus Academy have been amazing. I love the new things that I am learning in this unique classroom and have enjoyed getting to know my students and co-workers. I look forward to a great year ahead!



Promoting Independence in everyday situations

by **Yolande Daley**

Training Director, Janus Academy

Thank you to the parents that came out to the workshop last Friday, October 28, 2016. I hope you were able to gain some insight and learn some ways to teach independence in everyday situations, using varied prompt levels and reinforcements, while addressing behaviours that may impede independence.

All routines are teachable moments and as such we need to prompt non-verbally and proactively get ahead of the situations that typically results in errors.

Key points:

- Start as soon as possible
- Have realistic expectations
- Start small
- Set attainable goals
- Do not give in to behaviours
- Reinforce independent skills
- Keep in mind that some skill could take weeks, onths or years to acquire
- When initially teaching a new routine (e.g. getting dressed) do not teach when the routine typically occurs
- Teach skills when your child is in a good mood
- Ensure you have time

It is important that you reinforce targeted skill that is being taught.

Reinforcement strengthens any behaviour, either appropriate or inappropriate. When a behaviour is strengthened, it is more likely to occur in the future.

Reinforcement occurs all the time and is one way we all learn new behaviours.

It is important to note that there are factors that influence the effectiveness of reinforcement.

- Immediacy – It must be delivered immediately after the behaviour
- Contingency – It is more effective as a reinforce when delivered contingent on a behaviour
- Establishing operations – Deprivation and other events make a stimulus more effective as a reinforce at particular times.
- Individual differences – Reinforcers vary from person to person
- Magnitude – The greater the reinforcer the more effective it is.

For copies of the workshop information please email Yolande at: Yolande@janusacademy.org

Prompt Hierarchy

Least intrusive to most effective

- 1 Provide the opportunity for the child to initiate
- 2 Wait
- 3 Very subtle/Indirect prompt
- 4 Linking to previously learner response
- 5 Position / Proximity
- 6 Model
- 7 Indirect verbal prompt
- 8 Direct verbal prompt
- 9 Point prompt
- 10 Touch
- 11 Guidance
- 12 Full Physical / Hand over hand



Important Reminders

COLD & FLU SEASON

As cold and flu season approaches, we would like to take this opportunity to encourage parents to keep their children home if they are sick or are coming down with something.

We have had many children show up sick and this has caused it to spread throughout the school.

We also encourage our staff members to stay home if they are not feeling well to prevent the cycle of spreading germs.

Please help us guard against the spread of colds and flu and keep your children home if they are feeling ill.

THANK YOU!

In case of Emergency

Keep your contact information up to date

If you move or need to update any emergency contact information throughout the year, please contact:

Karli Martin @ 403.262.3333

FOOD

Please do NOT send any food items that contain NUTS.



DUE TO SEVERE ALLERGIES, PLEASE DO NOT SEND ANY FOOD ITEMS THAT CONTAIN NUTS! Although we are not a nut free school, we want to do our best to ensure our students with allergies are eating in a safe environment.

If your child requires special dietary reinforcements (i.e. sugar-free, gluten or casein free), parents are requested to provide the school with these items.

Please send in a **daily snack**. As snack and lunch times are busy, please ensure that all food is prepared beforehand (i.e. cut up) and lunch bags and containers are clearly marked

DRESS

Please send in one complete set of spare clothing and indoor running shoes. All items must be clearly labeled.

WINTER

Just a friendly reminder to all families! Please send your children to school with appropriate winter wear, including **hats, mittens or gloves, and boots**.

Please **label all of your child's clothing items**. We do our best to ensure that all clothing items are sent home with the correct student. Please notify us in the communication book if any of your children's clothing items are not returned.

Welcome our Partner

Autism has hit close to home at Mortgage Tree, and as such, we have a very specific and heartfelt interest in helping support, and give back to this community.

Mortgage Tree donates a percentage of our earnings to assist families with Autistic children and we have chosen Janus Academy as our charity of choice.

Visit the Mortgage Tree website

Janus Academy is a voice for families affected by autism, while offering education and support within the community. They are advocates for the best quality of life possible.

Mortgage Tree has developed a program with Janus Academy that looks at a number of aspects of giving back.

www.mortgagetree.ca

Mortgage Tree is a mortgage brokerage serving clients across Canada specifically in the Calgary area. We deal with over 30 Lenders to negotiate their mortgage that saves client time and money by providing competitive rates along with preferred mortgage options.



Picture **RETAKE** Day

Wednesday November 9, 2016

It's not too late! Photo Retake day is next week.

If your child was part of the Photo shoot in October, you should already have an envelope that contains your child's proofs and important order information.

Your completed photo order must be returned to the school campus your child attends by the **"IMPORTANT ORDER DUE DATE"** stamped in **red** on the order portion of the form.

LATE Orders must be mailed directly to: Lifetouch Canada Inc

If you require a **RETAKE**, check the box on the Order Form, sign it and have your child return it to the photographer on **Retake Day – November 9th**

Please contact **Lifetouch Canada** directly if you have any questions; their direct # is **1.866.443.9648**



Lifetouch[®]
CANADA

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Our Mission

To empower and support children and youth with autism and their families, maximizing their quality of life by providing excellence in innovative teaching techniques that meet their academic, social and emotional needs



Our Vision

To be recognized as a leader in specialized education and the facilitation of lifelong community integration of children and youth with autism

RAMSAY CAMPUS

2223 Spiller Road SE
Calgary, AB T2G 4G9

403.262.3333

ACADIA CAMPUS

8516 Athabasca Street SE
Calgary, AB T2H 1S1

403.228.5559

ADULT DAY PROGRAMS

Ability Hub – 300, 3820 24th Ave
NW, Calgary, AB

Cornerstone Church –
1227 48th Ave NE, Calgary, AB

In Flanders Fields

by Major John McCrae (May 1915)

In Flanders Fields the poppies blow
Between the crosses, row on row
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow
Loved and were loved, and now we lie
In Flanders fields

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high
If ye break faith with us who die.
We shall not sleep, though poppies grow
In Flanders fields.